Rockers going for record

The Flaming Lips will attempt a Guinness World Records mark for the most live shows in 24 hours PAGE 12

HOCKEY GREATS ELECTED TO HALL

JOE SAKIC AMONG FOUR PLAYERS HEADED TO HOCKEY HALL OF FAME PAGE 17

REGIONAL metro®

Wednesday, June 27, 2012

News worth sharing.

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Destiny St. Denis, founder of a popular Luka Rocco Magnotta fan site, says she's sorry for offending people with her page dedicated to the alleged killer. MORGAN MODJESKI/METRO

Magnotta fan sorry for any offence

Personal account. Facebook fan-site founder says alleged killer manipulated her

MORGAN MODJESKI
morgan.modjeski@metronews.ca

The creator of one of the largest Luka Rocco Magnotta Facebook fan sites says the alleged murderer told her to create the page "weeks prior" to when he was arrested in Berlin.

According to 21-year-old Destiney St. Denis from Saskatoon, she's now passed the Facebook page administrator status to another person and says she feels she was "somewhat" manipulated by the now-infamous Magnotta.

"I talked to him about it prior to what happened; he didn't tell me anything about the murder, but he asked me if I could make a page about him," said St. Denis, who initially messaged Magnotta about videos posted online that allegedly show him suffocating kittens.

"The last message he sent me was on the fourth, right before he got caught," she said.

When asked why she continued communication with Magnotta she said, "I don't know.... He would always send me hearts in messages if I don't reply to him."

St. Denis said even though she is sorry for offending people with her Facebook page, when asked if she regrets it, she said, "I don't know."

And when asked further if she would forgive him for manipulating her, she replied "Yes."

She said "No comment" in response to whether she would keep in touch with Magnotta.

Explaining why she was so interested in him, St. Denis answered, "It's because of his looks and his personality, but I understand he is a psychopath."

What's the fascination?

Mark Olver, an associate professor of psychology at the University of Saskatchewan, explained there are a number of possible reasons why someone would be drawn to Magnotta, but said it's an attraction to the grim that's made him such a spectacle. "There's a lot of fascination with core violence and notorious people and some people have a tendency to glorify and idolize that. I don't know why," said Olver. "Some people have a fascination with gore, with the macabre and celebrate these notorious figures."

Time capsule for a century

Beyond a Diamond Jubilee flag-and-pin gift from Prince Charles, the city is accepting suggestions on contents for a time capsule designed in celebration of the 100th anniversary of the Legislative Building PAGE 3

Birds doomed in Seychelles

Indian ring-necked parakeets, plagued by disease, are to be killed to preserve the national black parrot PAGE 9

Stamos, from party boy to monogamist

Actor John Stamos claims the rumours aren't true, revealing to Celebuzz that he 'wants to be in a relationship and should be in a relationship' PAGE 13

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Public input sought

Time capsule unveiled

A time capsule created to celebrate the 100th anniversary of the Legislative Building was unveiled Tuesday. Kevin Doherty, the minister responsible for the Provincial Capital Commission, showed off the two-foot structure, which was designed by Regina's Pro-Metal Industries Inc.

As for what to put in the capsule, Doherty announced that an advisory committee is accepting suggestions from the public. A few ideas already submitted include a Saskatchewan flag, an eagle feather, a penny and pictures of the current MLAs.

Two items already have space reserved in the capsule. During Prince Charles and Camilla's visit to Regina last month, the Prince offered a Diamond Jubilee flag and pin for the vessel.

CARRIE-MAY SIGGINS/METRO

Full investigation

Worker's death closes potash mine

PotashCorp. spokesman Bill Johnson says a worker was already dead when emergency crews found him underground at one of the company's Saskatchewan mines.

Johnson said first responders unsuccessfully tried to revive the 28-year-old man Monday night at the Allan mine southeast of Saskatoon. The worker's name has not been released and Johnson said he doesn't have any details about how the man died.

The accident happened during a regular shift at the mine, which employs about 465 people. Operations at the mine have been shut down. Johnson said the company is shaken to the core and there will be a full investigation.

THE CANADIAN PRESS

In 2010 the province was rattled by a number of storms costing millions of dollars in insurance claims. Environment Canada says it is too soon to tell if we are headed for another, but farmers are already reporting serious damage to their crops. SUPPLIED/GREG JOHNSON

'Summer of storms' 2012? Too early to tell: Expert

Severe weather. Massive storms throughout Saskatchewan have already done much harm in province

JANE CAULFIELD
Metro in Saskatoon

With all the recent severe weather systems blasting through the province, it's starting to look like the summer of 2012 could echo the 2010 "summer of storms."

During the summer of 2010 the entire province was pulverized by every kind of severe weather you could think of — from microbursts to epic hailstorms, from twisters to funnel clouds. All of them generated millions of dollars in property, auto and crop hail insurance claims.

Massive storms have already caused damage to many cities in the province, and caused a citywide power outage in Prince Albert.

Lane Story, a farmer near Kindersley, said that summer hailstorms have already caused damage to his crops.

"We only had pea-sized hail, but just north of here it was baseball-sized," said Story. "At least 75 per cent (of the crops) is damaged, but maybe it's not a total loss. We'll have to wait and see."

Environment Canada's severe-weather specialist for Saskatchewan, John Paul Cragg, said it's too early to tell if this summer will be a repeat of 2010's summer of storms.

"You never know with these kinds of things. It's almost impossible to predict the weather that far ahead," said Cragg. "There's a lot of factors that go into causing weather like that and our ability to predict far into the future is just not as good."

Cragg said that he and his crew are watching the storms using a variety of technologies, including radar, satellite imagery, surface data and numerical models. He said that they are able issue warnings up to 30 minutes prior to any storm hitting an area under watch.

Cragg, and all the storm chasers who have descended upon Saskatchewan are reminding people to stay indoors and away from windows during severe weather.

To watch a live stream of Saskatchewan's storm junkie Greg Johnson chasing the latest storms, go to tornadohunter.ca.

Quoted

"There's a lot of factors that go into causing weather like that and our ability to predict far into the future is just not as good."

John Paul Cragg, severe-weather specialist, Environment Canada

Follow Jane Caulfield on Twitter @janecaulfield

1 NEWS

On the web

Writer behind classic rom-coms dies at 71

Nora Ephron, the writer and director who worked on such blockbuster Hollywood hits as When Harry Met Sally and Sleepless in Seattle, has passed away at 71. Go to metronews.ca for more.

On the web

Senator Patrick Brazeau and journalist Jennifer Ditchburn went at it Tuesday after she filed an article about the Tory's lacklustre attendance record in the Senate. Scan the code to read the full story and to see what other Canadians have to say.

Confession

Man killed woman 'in cold blood' for her apartment, court hears

Serial killer Camille Cléroux confessed to murdering his 64-year-old neighbour because he liked her apartment better than his own.

Cléroux said in a June 2010 police interview that he killed Paula Leclair the month before because her apartment, in the same housing complex in Ottawa, had space for his things, a better view and was rent-controlled, Crown prosecutor James Cavanaugh told an Ottawa court Tuesday.

"Before the interview was over, Mr. Cléroux confessed to murdering Ms. Leclair in cold blood," Cavanaugh said.

Cléroux pleaded guilty Tuesday to first-degree murder in the death of Leclair, as well as two counts of second-degree murder in the deaths of two of his ex-wives, Lise Roy and Jean Rock.

Police began investigating Leclair's case in late May 2010, after her son, worried about his mother's wellbeing, let himself into her apartment and found a stranger's belongings everywhere, Cavanagh told the court.

Cléroux arrived shortly afterward and told Leclair's son she had gone on vacation and left the apartment to him, said Cavanagh. The son went to police.

Cavanagh said Cléroux's mistake was being unaware of Leclair's family life.

"He believed she was alone in the world. He did not know she had a loving son living in the city."

JESSICA SMITH/
METRO IN OTTAWA

Searing heat, devastating fires make U.S. West a holiday hell

Tammy Lance of Payson, Utah cried tears of relief after finding kittens alive and well under a burned-out truck in the Oaker Hills neighbourhood of Sanpete County. Her home was destroyed. LYNN DEBRUIN/THE ASSOCIATED PRESS

A red-flag warning issued. In Nevada, Utah, Wyoming, Colorado, killer blazes may put tourists in jeopardy

Searing, record-setting heat in the U.S. West didn't loosen its grip Tuesday on firefighters struggling to contain blazes in Colorado, Utah and other Rocky Mountain states.

Colorado has endured nearly a week of low humidity and temperatures in excess of 48 degrees C, sapping moisture from timber and grass, creating a formula for volatile wildfires across the state and punishing conditions for firefighters.

"When it's that hot, it just dries the fuels even more. That can make the fuels explosive," said Steve Segin, a fire spokesperson for the U.S. Forest Service.

Much of Nevada, Utah, Wyoming and Colorado are under a red-flag warning, meaning conditions are hot, dry and ripe for fires.

For the fourth straight day, Denver cleared 38 C and reached a record-high temperature of 41 C Monday.

Other areas in the state have also been topping 38 C, including northern Colorado, where the state's second-largest wildfire in history is burning.

In Colorado, the $5-billion tourism industry is on edge.

In Utah, a wildfire in an area dotted with vacation cabins was burning an estimated 150 square kilometres, threatening about 300 homes.

The Sanpete County Sheriff's office said as many as 30 structures may have been lost.

And in New Mexico, firefighters Monday were mopping up a small wildfire that threatened one of that state's top tourist attractions, El Santuario de Chimayo, a 19th-century church north of Santa Fe.

The church draws some 300,000 visitors a year and appeared to be out of danger.

In all, more than 1.3 million acres across the U.S. have been charred this year.

THE ASSOCIATED PRESS

No tripping?

The wildfires are posing a threat to tourism.

- **Threatened.** Tourist destinations from Montana to New Mexico are in danger just at the height of the midsummer family-road-trip season.

Stampede calf-roping 'pain' upsets agency

The Vancouver Humane Society is hoping Calgary Mayor Naheed Nenshi will join its fight to stop calf roping at the Stampede rodeo.

"We think ... in terms of the stress and fear and pain the animal is subjected to, it is the worst event at the Stampede, and we're hoping our campaign will continue to raise the concerns about that event," Peter Fricker, the humane society's communications officer, said in an interview.

The event features a running calf and a rider mounted on a horse.

The rider must catch the calf by throwing a loop of rope from a lariat around its neck.

He then dismounts from the horse, runs to the calf and restrains it by tying three legs together in as short a time as possible.

"We have written to Mayor Nenshi in Calgary asking him to urge the Stampede's board to consider dropping calf roping, as he is a member of the Stampede board. We think he has a reputation as a very progressive and compassionate man," Fricker said.

"He has a lot of respect in the community and we think if he were to speak to the board about this that they would be obliged to listen."

The letter was sent to Nenshi last spring. He received over 1,300 emails from concerned citizens encouraging him to use his position to help ban the sport. The mayor politely declined.

THE ASSOCIATED PRESS

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Elliot Lake rescue mission aided by heavy machinery

Search and rescue. It's important to continue efforts at collapsed site despite disheartening odds, premier insists

A huge machine with a robotic arm is joining the efforts in Elliot Lake, in northern Ontario, as part of the renewed bid to retrieve at least two people from the wreckage of a collapsed shopping mall.

The dangerous rescue mission — which has won support from both Prime Minister Stephen Harper and Premier Dalton McGuinty — would see the robotic arm deliberately topple some of the more fragile structures within the rubble of the Algo Centre Mall.

Bill Neadles of the Heavy Urban Search and Rescue team said a precariously balanced escalator, which turned would-be rescuers away from the site on Monday due to fears of an imminent collapse, will now be demolished under strict supervision.

The specialized machine will knock the escalators away from the victims, he said.

The machine, which is so large it had to be loaded onto three separate tractor-trailers each 30 metres long, was expected to arrive Tuesday evening.

It has a reach of 45 metres feet, can carry six tonnes and is able to claw, cut, shear and pinch, said Neadles.

Once the escalator is out of the way and structural engineers give crews the green light to enter, crews will resume the laborious task of securing the structure as they edge towards the spot where they believe the victims are lying, about 12 metres from the south corner of the building.

Officials stressed, however, that the likelihood of finding survivors is increasingly slim.

No one has detected signs of life since Monday morning, Neadles said, adding the prognosis is not positive. THE CANADIAN PRESS

Victims

At least one person is confirmed dead after the roof of the shopping mall crashed through the two-floor building on Saturday afternoon.

- More than 20 people were injured, none of them seriously.
- Meanwhile, the number of those still unaccounted for has been knocked down to 12, officials said Tuesday.

An OPP officer walks a dog trained to search for people as part of an urban rescue unit, outside the collapsed Algo Centre Mall in Elliot Lake, Ont., on Tuesday. CHRIS YOUNG/THE CANADIAN PRESS

Slain armoured-car guard laid to rest in Edmonton

A photo of Michelle Shegelski in her wedding dress sits on a table at her funeral in Edmonton on Tuesday. JASON FRANSON/THE CANADIAN PRESS

Michelle Shegelski was a tough armoured-car guard, but also a romantic woman who wore white lace and ruffles for a princess-style wedding just two months ago.

It's the same dress her family chose to lay her to rest in Tuesday, as 200 people gathered at her funeral to say goodbye.

"Her family thought it best to have her wear the gown she wore on the happiest day of her life," Marcia Loder told the service.

Loder officiated at Shegelski's wedding and said the young woman designed the dress herself for a Victorian-style ceremony at Fort Edmonton Park.

"She was a practical person and would have seized any opportunity to wear her wedding dress again," Loder explained with a laugh.

Others described the 26-year-old they fondly called "Mic" as a strong, courageous woman with a quirky sense of humour. She was an avid reader, wrote her own blog, learned Chinese and took belly-dancing classes.

Shegelski and two other G4S armed guards were shot and killed while they were restocking a bank machine at the University of Alberta on June 15. Private funerals were held last week for Eddie Rejano, 39, and Brian Ilesic, 35.

About 500 people also attended a private memorial service in Edmonton on Sunday for all three victims.

A fourth guard, 25-year-old Matthew Schuman, was shot in the head but is recovering in hospital. THE CANADIAN PRESS

Background

- Shegelski was fatally shot with two other armed guards while they were restocking a bank machine at the University of Alberta on June 15.
- Another guard who was on the crew, Travis Baumgartner, was arrested a day after the heist and was charged with first-degree murder, attempted murder and robbery.

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Court ruling

Man convicted in HIV sex-assault case loses appeal

An HIV-positive man found guilty of having unprotected sex with five women in B.C. has lost an appeal of his convictions.

Adrian Sylver Nduwayo was convicted of seven counts of aggravated sexual assault and aggravated assault because he didn't tell the women he had the disease.

Three of the women ended up contracting HIV.

Nduwayo was convicted in 2010. THE CANADIAN PRESS

Guilty plea

G20 protester given 13-month sentence

A prominent G20 protester has been sentenced to more than a year in jail on the second anniversary of the raucous Toronto summit.

Alex Hundert was given a sentence of 13.5 months Tuesday. He says he accepts he broke the law but that his prosecution was politically motivated.

Hundert pleaded guilty along with five other people last November to counselling and committing mischief in the run-up to the conference, resulting in charges against 11 co-accused being dropped.

The 31-year-old, who prosecutors called a G20 riot ringleader, also pleaded guilty to a charge of counselling to obstruct police.

An agreed statement of facts says Hundert encouraged property damage at the summit. He was arrested early in the morning on the first day the event.

Hundert is the last of the six people who made guilty pleas to be sentenced. THE CANADIAN PRESS

China. Family called traitors for breach of one-child policy, father beaten

The Chinese father of a forcibly aborted fetus whose case prompted an international outcry has been beaten and forced into hiding.

Meanwhile, his wife and other family members have been labeled traitors by fellow townspeople, the man's sister said Tuesday.

Photos of the mother and dead fetus had been circulated online, embarrassing the government and prompting the suspension of three local officials in Shaanxi province.

They had forcibly aborted the late-term pregnancy earlier this month because it violated the country's tough one-child policy.

Apparently angered over the family's contacts with journalists, the local government has since organized a backlash against the family members, calling them traitors.

THE ASSOCIATED PRESS

Background

Deng Jiyuan's wife Feng Jianmei, 23, was forced to undergo an abortion on June 2 — seven months into her pregnancy — because the family could not afford a $6,300 US fine for having a second child. Graphic photos of the dead fetus lying next to Feng were posted online, drawing public condemnation and renewing criticism over the one-child policy.

- The Ankang city government apologized openly, suspending three officials and promising an investigation.
- But Deng said officials were cracking down on the family as well.

Addiction. UN pegs cost of proper global treatment of addicts at up to $250B a year

Drug abuse worldwide is stagnant but still kills about 200,000 people a year, the UN's drug-fighting agency said in a report released Tuesday.

Based on 2010 figures, the United Nations Office for Drugs and Crime also said global treatment for drug abusers would cost to $200 to $250 billion a year if everyone needing help received the proper care.

But the report noted that far less than that is being spent, meaning fewer than one in five people needing help actually get it.

Also, it said, loss of productivity and crimes committed by those needing to finance their habit result in huge additional costs.

In its annual report, the UN body said that about five per cent of the world's population used illegal drugs at least once in 2010.

Drug use remained stable in the five years up to 2010.

THE ASSOCIATED PRESS

U.S. study looks at HIV testing in drugstores

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Health officials in the U.S. want to know if Americans would go to a drugstore for an HIV test.

And to find out, U.S. health authorities have set up a pilot program.

The $1.2-million project will offer free rapid HIV tests at pharmacies and in-store clinics in 24 cities and rural communities, the U.S. Centers for Disease Control and Prevention announced Tuesday.

Officials are hoping testing for the AIDS virus will become a routine service at drugstores like blood-pressure checks and flu shots.

"By bringing HIV testing into pharmacies, we believe we can reach more people by making testing more accessible and reduce the stigma associated with HIV," CDC's Dr. Kevin Fenton said in a statement.

Fenton oversees the agency's HIV-prevention programs.

Since 2006, the CDC has recommended that all Americans ages 13 to 64 get tested at least once, not just those considered at highest risk: Gay men and intravenous drug users.

But fewer than half of adults younger than 65 have been tested, according to the agency's most recent statistics.

It's important to know about infection not only for treating it but also to take steps to prevent spread.

THE ASSOCIATED PRESS

Details

The tests are already available at seven places in the States, and the CDC will soon pick 17 more locations.

- If the test is positive, customers will be referred to a local health department or health-care providers for a laboratory blood test to confirm the results, and for counselling and treatment.
- An estimated 1.1 million Americans are infected with HIV, but as many as 20 per cent of them don't know they carry the virus, according to the CDC. It can take a decade or more for an infection to cause symptoms and illness.
- When the project ends next summer, CDC officials will analyze what worked well and what didn't, said Paul Weidle, the epidemiologist heading it up.

Pharmacy manager Sarah Freedman in her store in Washington, Tuesday. Would you go to a pharmacy for an HIV test? EVAN VUCCI/THE ASSOCIATED PRESS

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Naked photos. Lawyer compares Manitoba judge to a rape victim

Removing a Manitoba judge from the bench for appearing in sexually explicit photos would be akin to penalizing a rape victim whose assault was videotaped and uploaded to the Internet, a lawyer argued Tuesday.

"Would the system of justice ever say that (a rape victim) had to be removed from the bench?" Sheila Block asked a panel of the Canadian Judicial Council.

"It is the antithesis of what the administration of justice stands for."

Block's client, Lori Douglas, is being investigated by the council over accusations she sexually harassed Alexander Chapman in 2003.

Chapman was given naked photos of Douglas by her husband Jack King.

One of the four allegations being heard by the council is whether the very existence of the photos — some of which show Douglas in bondage gear and performing sex acts — damage public confidence in her or the justice system.

King has admitted he uploaded and distributed the photos without his wife's knowledge. Block called it an act of unforgivable betrayal of the couple's most intimate moments.

To penalize Douglas for that would be patriarchal, Block said during her opening submissions Tuesday.

Douglas rose to the position of associate chief justice of the Manitoba Court of Queen's bench, heading the family court division.

THE CANADIAN PRESS

Wife's plight

"A wife is not responsible for, is not to be tarred with the brush of, her husband's misdeeds."

Lawyer Sheila Block

Senate bad boy?

Brazeau gets an F for attendance

The youngest senator in the upper chamber also has the poorest attendance record for this session of Parliament.

Tory Senator Patrick Brazeau, 37, from Quebec, was absent for 25 per cent of the 72 sittings from June 2011 to April 2012, the Senate attendance register shows. He claims "personal matters."

THE CANADIAN PRESS

Project Domo

Twenty-two held in drug sweep

Police raided more than a dozen addresses across the Greater Toronto Area Tuesday morning after a nine-month investigation into cocaine-dealing networks.

They arrested 22 people in the Toronto, York, Waterloo and Durham regions.

The raids were part of Project Domo.

THE CANADIAN PRESS

Honeymoon squelched as floods drown a town

Sicamous, B.C.

Downpours spark torrents that wash away businesses, homes — and people's hopes of a seasonal boom

This house was pushed off its foundation in the Sicamous, B.C., emergency. JONATHAN HAYWARD/THE CANADIAN PRESS

Up until this past Saturday, just before noon, Andre Robert was eagerly awaiting getting hitched to his fiancée come December in Hawaii.

Then the rain started.

And within two hours and a 15-centimetre jump of water, the couple's plans washed away — along with large swaths of their town.

Widespread flooding in Sicamous, B.C., has halted the 29-year-old's boat-rental business just as the seasonal boom was about to go full throttle.

"We can go do the cheap justice-of-the-peace kind of thing, but we were hoping to go to Hawaii and elope on the beach there somewhere," said Robert as he powered a boat from A.J.'s Marine Rentals through just one of multiple swollen lakes and rivers in British Columbia.

About 350 people in the summer tourism town of 3,100, more than 340 kilometres northeast of Vancouver, were ordered moved to safety.

Its Two Mile subdivision was declared under a state of emergency after the weekend's natural disaster.

It topped the list of a series of communities in the B.C. Interior, the Kootenay region and the Fraser Valley where flooding is impacting lives.

Across the province, about 700 people have been forced from their homes and another 1,000 remain prepped to move out at a moment's notice.

Sicamous residents' livelihoods are usually propelled by 100 days from June to September.

But fast-flowing waters, sprung from torrential showers and rapid snowmelt, cleaved a path of physical and economic devastation.

Heartache

"It's a town that cares and Sicamous will get through it. However, there's going to be a lot of heartache in the meantime."

Bob, a retired vacationer from Calgary whose family has had a home in the area for 40 years.

That weather has stymied business for the marinas, boat and houseboat rental outlets. The Saturday storm triggered a massive debris flow that began when a river became plugged with logs.

Massive pressure released the jam, sending rafts of water diverting from within the banks and thrusting down a road, through a parking lot and cascading around waterfront property.

A cottage was pushed off its foundation, several dozen vehicles were submerged, and an asphalt road gave way to leave gaping holes that swallowed vehicles.

THE CANADIAN PRESS

Parakeets in the Seychelles slated for death

Disease. Birds are to be killed as part of effort to preserve national black parrot

The green parrots that live on the tropical paradise of Seychelles fly into the bamboo next to Micheleine Georges' 150-year-old farmhouse at dusk. The birds are small and cute. They are also marked for death.

The eradication of the Indian ring-necked parakeet is the goal so that a Seychelles national bird — the black parrot — may live, those carrying out the EU-funded project say. The black parrot could be wiped out by a disease that the Indian ring-necked parrot carries.

An Indian ring-necked parakeet. GREGORIO BORGIA/THE ASSOCIATED PRESS

At 6:20 p.m. local time, small packs of green parrots began flying up the valley to the bamboo patch beside Georges' house. Gliding in under a crescent moon in small groups, they whoosh into the bamboo, not far from the vanilla, cinnamon and nutmeg that Georges sells to tourists.

Georges has mixed feelings about the kill mission. She says it would be a "calamity" if the parakeets wiped out the nation's black parrots, but otherwise she enjoys watching them fly in to roost for the night.

"They seem to be a part of the evening routine. You finish work, you have a beer on the deck and you see the droves of birds coming up to the trees."

The parakeet first appeared in the Seychelles in the 1970s, perhaps when a caged pet escaped or was set free, said Peter Haverson, a British "avian-eradication specialist." The population turned viable in the 1980s and by the 1990s it was recognized as a threat. In 2000, when Haverson guesses the population was just a couple dozen, the island began a campaign against the birds.

THE ASSOCIATED PRESS

Big Ben tower to carry Queen Elizabeth's name

The iconic Clock Tower of Britain's Parliament — widely, though incorrectly, known as Big Ben — is being renamed in honour of Queen Elizabeth II, authorities said Tuesday.

The 96-metre-high structure, one of Britain's most recognizable landmarks, will now formally be known as Elizabeth Tower following a campaign by lawmakers to mark the monarch's 60 years on the throne.

A House of Commons Commission statement said arrangements were being made for the "decision to be implemented in an appropriate manner in due course."

The tower was completed in 1858. It houses a four-faced chiming clock and the famed 13.5-tonne Big Ben bell. Over the years, people began calling the whole tower Big Ben.

THE ASSOCIATED PRESS

Hurrah for peace!

Children wave a Union Jack flag and bouquet as Queen Elizabeth II and Prince Philip, Duke of Edinburgh, arrive on Tuesday in Enniskillen, Northern Ireland. The pair are due to meet with Northern Ireland's Deputy First Minister Martin McGuinness, a former IRA leader, in what many see as the symbolic conclusion to a four-decade conflict. JEFF J MITCHELL/GETTY IMAGES

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JUST SAYIN'
Paul Sullivan
metronews.ca/justsaying

We must be getting close to Canada Day as all the news wires are clogged with Canada stories.

For example, this just in: U.K. academics rate O Canada as more difficult to sing than La Marseillaise, the French national anthem, and only slightly less difficult than The Star-Spangled Banner, the American anthem.

I beg to differ. La Marseillaise is great for storming the Bastille, but it's a little lusty for anything else. And, as far as I know, only Kelly Clarkson can handle "O say can you see …"

I like O Canada, even if lines like "in all thy sons command" are rarely spoken in real life. But it's right up there with a few of my other favourite Canadian things, which I will now share, as my Canada Day gift to you.

1 **The loonie (and toonie).** I love that our coin has character. I almost don't care that the new ones won't fit in parking meters or vending machines. Almost.

2 **Iconic tourist attractions.** Banff, Lake Louise, Niagara-on-the-Lake, the Canadian Niagara Falls, the Anne of Green Gables House, the Empress Hotel, Lunenburg, Old Montreal, etc. You can always tell you're in an iconic tourist attraction, because they always feature fudge. I'm not sure why, but the fudge factor is 100 per cent reliable.

3 **Vancouver's Stanley Park.** This could never happen today — 405 hectares of rainforest in the middle of one of the most densely populated cities in North America. Even better? It's a 10-minute bike ride from my place. And speaking of iconic, it has its own resident beaver, not to mention raccoons, herons, skunks, cormorants and coyotes.

4 **The CBC.** Battered, bruised, unable to produce watchable sitcoms, Canada's national network should be enshrined in the constitution for Peter Gzowski alone. You never know. Another one might come along someday.

5 **The Charter of Rights.** This is the best thing. Read it: laws-lois.justice.gc.ca/eng/charter

6 **Roots.** I love that it was started by two Americans but is somehow undeniably, irresistibly Canadian. Products sold here go well with fudge.

7 **The Canadian flag.** Makes you want to stand under it and sing "in all thy sons command" in the wrong key. Even if you're from France.

8 **Wychwood Park.** A tiny enclave in Toronto, the epicentre of Marshall McLuhan's Global Village. The best unknown neighbourhood in Canada.

National pride: Canada Day fireworks.
TORSTAR NEWS SERVICE FILE

9 **Head-Smashed-In Buffalo Jump:** A world-heritage site in southern Alberta, where Prairie aboriginal people used to corral bison off the cliff and secure a year's supply of meat and hides. Stand on the precipice and look out beyond the centuries. Power place.

10 **Cross-border shopping:** Cheese and chinos for half the price! Avez-vous quelque chose à declarer? And welcome home.

Before a croc can strike

C.S. LING/REX FEATURES

Wildlife photography

Monkey risks it all for a drop to drink

If you don't risk anything, you risk even more ... like a very dry mouth.

Hanging above the crocodile-infested Kinabatangan River in Borneo, this intrepid pig-tailed macaque drinks some water to quench his thirst. Wildlife photographer Cheng Shun Ling captured this amazing image while exploring the picturesque Indonesian island. METRO

Photog's view

"Credit given for being one brave monkey!"

Singapore-based wildlife photographer Cheng Shun Ling.
Ling sets the scene of the daring feat: "The branch was not stable and the macaque hung unsteadily over the river. It almost lost its footing more than once.
"It's not easy to drink upside down while hanging onto a branch with one leg."

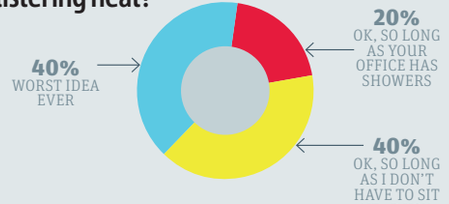
Macaques 101

- **Local assets.** Tamed macaques have been trained by locals in Southeast Asia to climb up trees to throw down coconuts to farmers below. Trained ones have the ability to recognize ripe from unripe fruit, and can pick 800 to 1,000 coconuts per day.
- **And global ones too.** They are used extensively in research against HIV infection.

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

How do you feel about biking to work in blistering heat?



Twitter

@TBrack41: Shout out to all of #RiderNation #Riders #RiderFans #MuchLove! Thank you all for your love and support! This season is going to be special!

@Riancosta: That awkward moment when you know more lyrics to Justin Bieber's songs than you know your country's national anthem.

@RyanDalrymple: @Sheets24K Congrats on that #1 RB position, you earned it!! Light em up in Hamilton Friday. #RiderNation #Riders #CFL #YQR

@MigrateGatsby: If you hear loud wind gusts this morning in #YQR it's not a tornado but me at the gym. It's been two weeks and my jiggly bits are jigglie

@rmol: Tornado fever has clearly struck #YQR.

metro
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Research In Motion

RIM suffers big stock drop ... again

Stock in Research In Motion Ltd. was under pressure again Tuesday, a day after falling to its lowest level in almost a decade in the wake of a downgrade by investment firm Morgan Stanley, which called the company "essentially broken."

On the Toronto Stock Exchange, RIM shares ended the day down 19 cents, or two per cent, at $9.17 trading after having gone as low as $9.09 after the open. The stock had closed down 76 cents at $9.36 on Monday after having traded as low as $9.27 at one point and remains at its lowest level since 2003.

THE CANADIAN PRESS

Media conglomerate

News Corp. considers split

Rupert Murdoch's News Corp. confirmed Tuesday that it is considering splitting into two publicly traded companies, driving shares to their highest level in four-and-a-half years.

The Wall Street Journal reported that a split would put the entertainment arm into a separate company from News Corp.'s newspaper and book-publishing businesses. The entertainment business would include the Fox News, Sports and Business channels, the report said. The publishing businesses include the New York Post, the Times and Sun of London, the Dow Jones news service and the HarperCollins publishing imprints. THE ASSOCIATED PRESS

Market Minute

DOLLAR
97.66¢
(+0.05¢)

TSX
11,334.42 (+4.03)

OIL
$79.36 US (+15¢)

GOLD
$1,574.90 US (-$13.50)

Natural gas: $2.767 US (+7.3¢)
Dow Jones: 12,534.67 (+32.01)

Rogers cuts 375 jobs amid lower profits, tough competition

Connect. Rogers, Bell and Telus are vying for lucrative smartphone subscribers on next-generation networks

People walk past a Rogers store in Montreal Tuesday. Rogers Communications Inc. says it will cut 375 jobs. RYAN REMIORZ/THE CANADIAN PRESS

Rogers Communications Inc. will eliminate 375 jobs, a move that comes as the wireless, cable and Internet provider cuts costs in the face of lower profits and tougher competition on all fronts.

The staff reduction is part of a cost-cutting strategy announced earlier this year and includes employees in the business, wireless, and cable and Internet divisions. They follow 300 job cuts announced in March.

For its first quarter, Rogers posted a lower profit of $305 million, or 57 cents per diluted share, on $2.95 billion in revenue for the first quarter. That compared with a profit of $335 million, or 60 cents per diluted share, on $2.99 billion in revenue a year ago.

Rogers' cable division is also battling fellow industry giant Bell, which has rolled out its Internet Protocol TV service in Montreal and Toronto. The service is delivered over an Internet Protocol network and allows users to watch sports, for example, while pulling up stats.

The layoffs in March focused on management and head-office positions. At the end of 2011, Rogers had almost 29,000 employees. THE CANADIAN PRESS

Coca-Cola. Soda giant to invest extra $3B in India

The Coca-Cola Co. and its bottlers plan to invest an additional $3 billion US in India over the next eight years to boost the soda giant's stake in the rapidly growing market.

The world's biggest beverage maker, whose brands include Minute Maid, Dasani and Powerade, is seeing some of its biggest gains come from emerging markets as growth at home slows.

In its first quarter, for example, Coca-Cola said its volume rose 20 per cent in India, compared with a two per cent increase in North America.

Including the new cash infusion, Coca-Cola said Tuesday that it now plans to invest $5 billion in India from 2012 to 2020. That's more than double the $2 billion it has invested since re-entering the market in 1993.

The Atlanta-based company had pulled out of India in 1977 to avoid handing control over to its Indian subsidiary and revealing its secret formula. THE ASSOCIATED PRESS

Appeal Court allows bank overtime lawsuits to go ahead

Class-action lawsuits against CIBC and Scotiabank seeking hundreds of millions of dollars for unpaid overtime can go ahead, the Ontario Court of Appeal ruled in a pair of decisions Tuesday.

The suits allege thousands of workers were denied overtime pay even though they were assigned more work than could be completed within their standard hours. The cases come amid a slew of similar cases over wage and hour issues south of the border.

A lower court had denied class-action status to the CIBC case, while a different court had allowed class-action status to be granted to the Scotiabank lawsuit.

However, the Appeal Court felt both cases, which have not been proven in court, should be handled the same way.

Class action

"Today the court said unequivocally that (the employees) are entitled to have the same kind of access that corporations have."

Louis Sokolov, a lawyer with the firm Sack Goldblatt Mitchell, which brought the bank cases with the firm Roy Elliott O'Connor.

In the CIBC case, teller Dara Fresco filed a lawsuit in June 2007.

Fresco launched the case on behalf of more than 31,000 tellers and other front-line customer-service employees working at more than 1,000 CIBC branches across Canada, including assistant branch managers, financial-service representatives, financial-service associates and branch ambassadors.

Cindy Fulawka, a personal-banking representative at Scotiabank, filed her class-action lawsuit against the bank in December 2007 seeking to represent some 5,000 Scotiabank personal or senior bankers, financial advisers and small-business account managers. THE CANADIAN PRESS

2
SCENE

Scene in brief

Putting a public face on bone marrow transplants

A national bone marrow donation registry says the rate of new registrants has more than doubled since ABC News' Robin Roberts said that she'll need a transplant. The Good Morning America anchor is being treated for MDS, a blood and bone marrow disease. She will require a transplant this fall. Roberts stopped by a registration drive at ABC News on Tuesday, watching co-host George Stephanopoulos and her boss, ABC News President Ben Sherwood, get swabbed to see if their bone marrow is a match for someone who needs a donation. Jeffrey Chell, CEO of the registry Be The Match, said some 15,000 people had registered since Roberts announced her diagnosis on June 11. That's 11,200 more than they would normally receive in that period.

THE ASSOCIATED PRESS

On the web

Girl Power! Spice Girls in London for launch of stage musical Viva Forever

The cult of the man-child

Here's to the boys. They're raunchy and immature — so why do we love to watch grown men act like teenagers?

IN FOCUS
Richard Crouse
scene@metronews.ca

Mark Wahlberg, left with the character Ted, voiced by Seth MacFarlane in a scene from Ted. UNIVERSAL PICTURES/THE ASSOCIATED PRESS

"When I'm lyin' in bed at night," Tom Waits sang, "I don't wanna grow up."

He's not the only one. In recent years Cineplexes have been overrun by boy-men: adult males who still act as though they're 16 years old.

This weekend in the Seth MacFarlane comedy Ted, Mark Wahlberg is John, a man-child who had trouble letting go of his childhood teddy bear who came to life as the result of a childhood wish.

He does everything with Ted — including cower when a storm hits. "Thunder buddies for life, right, Johnny?" says Ted. John replies with an answer we can't print here.

That's one of the hallmarks of the man-child movie, they're raunchy.

Step Brothers is a rude and crude arrested development comedy with enough swearing to make Lenny Bruce blush. Will Ferrell and John C. Reilly play spoiled, unemployed men thrown together Brady-Bunch style when their patents wed.

They don't get along at first — they even try to bury one another alive — but soon their shared passion for karaoke brings them together, like two overgrown kids in a playground.

Adam Sandler has made a career playing testosterone-fuelled men who never grew up. In Mr. Deeds, Just Go with It, The Waterboy and Happy Gilmore he plays characters with the emotional age of a Baby Gap customer, but the classic is Billy Madison, where he plays a hotel heir forced to go back to grade school.

As Sandler was throwing temper tantrums on screen Jason Segel was slowly defining his child-man act. I Love You Man, with its Man Cave and Rush soundtrack, was a warm up to his most grown-up portrayal of an adolescent man. In Jeff, Who Lives at Home he plays a 30-something who lives at home and is obsessed with the M. Night Shyamalan film Signs. Overgrown and underdeveloped he turns an outing to the hardware store into a wild day.

Peter Pan with a plan

The common link to many of these man-child movies is one man — producer Judd Apatow.

- **If it ain't broke...** Not since Jerry Lewis has one man made so much money presenting the age-old gag of self-infantilizing on screen.
- **Big names.** He's worked with Ferrell, Sandler and Segel, and it was his R-rated The 40-Year-Old Virgin and Knocked Up that gave us Seth Rogen's brand of prolonged childhood.
- **Plans to recruit Paul Reubens?** Apatow even recently announced he's thinking about making a movie with pop culture's ultimate man-child, Pee Wee Herman.

The Flaming Lips. Band aiming to break live show record

Fun for Wayne Coyne of The Flaming Lips means collaboration, and a recent dust-up with Erykah Badu after they worked together isn't slowing him down.

Coyne and the Lips will launch an attempt at the Guinness World Records mark for most live shows in 24 hours, playing eight concerts between Memphis, Tenn., and New Orleans on Wednesday and Thursday. Trailed by fans along the way, they'll meet up with acts like Jackson Browne, Grace Potter & The Nocturnals, Gary Clarke Jr. and Hunter Hayes as part of the activities surrounding MTV's O Music Awards.

The Oklahoma rockers have been finalizing details and juggling schedules and logistics as they chase Jay-Z's record of seven shows in a day.

"If you had to really consider all this in the beginning, you just simply wouldn't want to do it," Coyne said in a phone interview last week. "Luckily, it occurs to you when you get closer and closer. I think it's a little bit like having a baby. At the beginning of it is a lot of fun, but by the time it's here, really it's too late to turn back."

That analogy isn't too far off the mark when it comes to describing the row between Badu and Coyne, either. Things seemed to be going great until the Lips released the video for The First Time I Ever Saw Your Face, their Heady Fwends record store day collaboration, earlier this month. The Lips eventually retracted the video after Badu accused the group of releasing it without her approval.

In the video Badu sits apparently naked in a tub, then later her sister Nayrok mucks about in a milky white substance and glitter. The disagreement spilled over on Twitter where Badu invited Coyne to kiss her "glittery" posterior and Coyne responded with a picture of himself with lips covered in glitter.

Coyne stopped short of saying Badu's reaction was contrived, but said she and her management certainly knew what was going down as they spent two days filming. He says her opinion changed when "easily riled" members of her audience objected.

"This is not her fault. It's just the nature of the way Twitter works," Coyne said. "Her fans can just sometimes lash out and be as mean as they want to be, which I think is interesting. That's the thing about Twitter - there's no referee, you know."

THE ASSOCIATED PRESS

Wayne Coyne, lead singer and guitarist of The Flaming Lips THE ASSOCIATED PRESS

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

50 Cent ALL PHOTOS GETTY IMAGES

50 Cent released after suffering car accident injuries

Rapper 50 Cent was hospitalized in New York Tuesday after sustaining injuries in a car accident on the Long Island Expressway, according to the New York Daily News.

A report on the rappers website claims his SUV was rear-ended by a Mack truck, causing it to nearly flip over. 50 Cent "was taken to New York Hospital Queens where he was treated for minor neck and back injuries," his rep told reporters.

"He was released this morning and is doing fine."

Quote

"He was treated for minor neck and back injuries."

A report on the rapper's website says

Ashton Kutcher

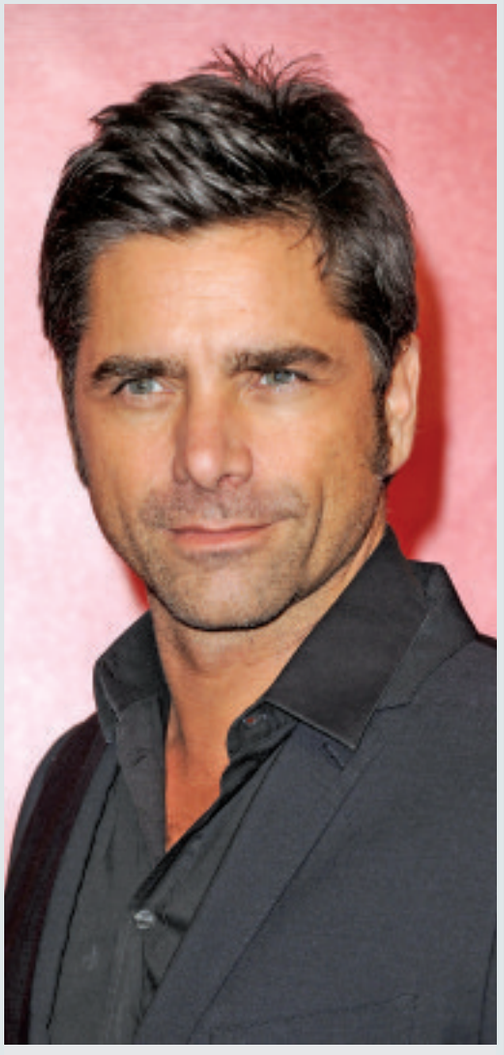
Kutcher and Kunis becoming more than friends?

Ashton Kutcher and Mila Kunis were spotted out at another dinner together, this time hitting up the chic Giorgio Baldi in Los Angeles, according to TMZ.

The pair was spotted sneaking out the back door and into the back of a waiting town car, and Kunis was wearing a rather slinky little black dress.

But despite the regular dinner dates and a trip out of town together in April, the actress insists that she and Kutcher are just friends and nothing more.

The Word



John Stamos puts out booty call bat-signal

MONICA WEYMOUTH
scene@metronews.ca

John Stamos has a reputation as a smooth-talking party boy, but the actor insists this isn't the case.

"I try not to get trapped into everybody's image of who they think I am or who I should be," he tells Celebuzz. "I'm a guy that wants to be in a relationship and should be in a relationship. Sometimes I'm afraid of it because I don't want to let people down. You don't want to disappoint people."

This guy occupied Uncle Jesse's leather pants for the better part of the '90s. He can't possibly tell us that there is not an army of 20-somethings lining up to look in his sparkly green eyes and be disappointed. Or can he?

"You think I'm in New York, playing around. I sometimes feel the responsibility to be that guy," says Stamos, who is in the city shooting a film when not perfecting his sensitive, misunderstood act. "(But) I've been in New York for five weeks now, and I've gone to bed by myself."

John Stamos, did you just use this page to send out your bat signal of a booty call?

We're truly honoured.

John Travolta

John Travolta looking at more legal problems

There's more legal trouble for John Travolta, as a former Royal Caribbean Cruises employee is suing the actor of accusations of improper sexual conduct, according to People magazine.

Fabian Zanzi alleges that when he delivered food to Travolta's cabin during a June 2009 cruise, the actor stripped off a robe, pushed against Zanzi and said, "Take me, I will take care of you, please." Zanzi says the actor then offered him $12,000 to keep quiet.

The federal lawsuit was filed last week and Zanzi is seeking unspecified damages for assault and battery and emotional distress.

Miley Cyrus

Cyrus sets off wedding speculation

An innocent-enough Twitter post from Miley Cyrus over the weekend led to an avalanche of speculation that she and fiancé Liam Hemsworth would be tying the knot as soon as this week.

"Super lazy Sunday. Can't wait for next week," Cyrus posted.

But it turns out Cyrus is actually just eager for Hemsworth to visit, as he's shooting a movie in Louisiana. A source close to the Australian actor says not to expect a wedding anytime soon. Right now they are enjoying being engaged," the source says.

Twitter

@kelly_clarkson
I'm having the best vacation ever in Ireland! Just bought a Polaroid camera and having way too much fun!

@TomArnold
Flying over Iowa. Does this count as a visit with my dad?

@Oprah
could I be a nun? Ahhh a little late for that now! But even so, NOT my calling.

@GarryShandling
No one is going to land here from another planet. They know that all we want is a bail out. We're an embarrassment to the universe.

3 LIFE

Travel in brief

When awkward goes on exhibit

A Sheboygan museum is hosting an exhibit of awkward moments. The John Michael Kohler Arts Center in New York is featuring 51 photos accumulated through the popular website awkward-familyphotos.com. It's the first time the collection is being shown in a museum setting. Childhood friends Mike Bender and Doug Chernack launched the website in May 2009, after Bender saw an awkward vacation photo in his parents' house. They knew there were probably other awkward family images out there so they created the site. Within a week, the site was receiving millions of visitors a day and thousands of submissions from around the world. Visitors to the exhibit can also share their own family photos and stories for a chance to win prizes. It runs through Oct. 27.

THE ASSOCIATED PRESS

On the web

Mountain communities in Ga., SC to celebrate 40th anniversary of Deliverance with festival

5 spots to feel Canadian on Canada Day

O, Canada Day. Many Canucks claim to love the holiday more than Christmas and it's easy to see why. It's a better time of year weather-wise and a great excuse to relish in all things special to our home: toonies, double-doubles, ketchup chips and 'eh,' our word of affirmation that often brands us as Canadians. Where are the best places to feel patriotic on our nation's birthday? Here's our top five:

DAWN CUTHBERTSON
life@metronews.ca

ROBBER ESQ/FLICKR

1 Kingston

The country's first capital and home of Canada's first prime minister, Sir John A. Macdonald, the Limestone City is bursting with history. Fort Henry, built for protection from the U.S. during the War of 1812, is a must-see, but the place to be on July 1 will be Lake Ontario's waterfront between Kingston and Bath, Ont., to witness a suspenseful re-enactment of the Flight of the Royal George.

SWEETGIRL/FLICKR

2 Ottawa

Thousands of people are expected to flood Parliament Hill in the nation's capital to celebrate Canada's 145th birthday on July 1. A must-experience at least once in your life, the atmosphere can't be beat as revellers break out their red and white best and show off their patriotic pride. Concerts by popular Canadian musicians, a traditional flag-raising ceremony and a spectacular fireworks display are among the festivities.

3 Your own backyard

You don't have to go far to find pride in Canada on the nation's birthday. Block parties typically break out in neighbourhoods across the country as everyone's off work and in a celebratory mood. Hosting a red-and-white-themed barbecue, where everyone washes down their favourite foods with a few Canadian-brewed cold ones, is a great way to show your patriotism close to home.

BOZDOZ/FLICKR

5 Halifax

One minute there are Mounties marching and the next acrobats flying through the air. The Royal Nova Scotia International Tattoo runs July 1 to 8 at the city's Metro Centre and people come from all over to witness the spectacle made up of military and civilian talent. This year's theme touches on the RMS Titanic, the Queen's Diamond Jubilee and the War of 1812.

4 Vancouver

Watching new Canadians take their citizenship oath is a moving experience and on July 1, a traditional ceremony will kick off the events at Canada Place. From street hockey and a lumberjack show to a penny party in which citizens are encouraged to donate the soon-to-be forgotten coins to charity, Vancouver will be bursting with Canuck pride.

Summertime and the drinking is easy

JOE HOWELL

Midsummer's Night

Absinthe might be known as the Green Fairy, but this drink will go down much easier on a sweltering summer evening.

Galliano is a vanilla liqueur that adds an unexpected yet delicious element to this cocktail, and the blueberries should hang suspended in the drink like will-o'-the-wisps.

One of these beverages won't have you seeing sprites, but be careful — have a few, and you could become "that merry wanderer of the night," to quote Shakespeare's mischievous fairy Puck.

- 1 oz vodka
- 1/3 oz Galliano
- 2 oz cranberry juice
- 2 oz tart lemonade
- Fresh blueberries

1. Over ice, combine ingredients. Stir in a swirl of fresh blueberries.

Aperol Fizz

Just like September, the Italian aperitif Aperol manages to be bitter and sweet at the same time.

The liquor is also fairly low in alcohol, so you can drink it on a sunny patio without fear.

Try not to think of how few alfresco days you have left — Canadian winters are long, but they only make summer all the sweeter.

Hopefully the vitamin C in the orange juice will inoculate you against cold season.

- 1 ½ oz. Aperol
- 3 oz orange juice
- 2 oz soda water
- Orange or grapefruit slice

1. In a rocks glass with ice, pour Aperol, orange juice and soda water. Stir, and garnish with a setting sun of orange or grapefruit.

Elderflower Lemonade

Though potent, this makes for a long, refreshing libation during the languid days of August.

Elderflower and lemon go together like a heat wave and a day off. Sadly, this recipe doesn't include a hammock to drink it in, and you probably won't find kids selling this particular lemonade for 50 cents a glass on your street.

Speaking of which, it's too hot to bother with homemade lemonade, so just buy some at the store.

- 1 1/2 oz Hendrick's gin
- 1/2 oz St. Germain Elderflower Liqueur
- 3 oz lemonade
- 3 oz soda water
- Two lemon wedges

1. In a tall glass filled with ice, add all ingredients. Then squeeze two lemon wedges in and stir gently.

ALL DRINKS BY JOE HOWELL, HEAD BARTENDER AT TORONTO'S THE SPOKE CLUB

Cool and refreshing soup hot off the grill

Gazpacho is the perfect healthy summer food. It's jammed with all manner of vegetables, including the tomatoes and zucchini that tend to overrun our gardens, and traditionally is served cool to help beat the summer heat.

While some people prefer their gazpachos made from raw vegetables, cooking the produce, then chilling it deepens the flavours. But who wants to head inside to cook in summer? That's why this grilled gazpacho is so great.

1. Heat grill to high. Using an oil-soaked paper towel held with tongs, oil the grill grates.

2. Place poblano pepper on grill and cook until charred and blackened on all sides. Place pepper in paper bag, close bag and allow pepper to steam in its own heat for 10 minutes while you grill the other vegetables.

3. Season tomatoes, zucchini, summer squash and onion with salt and pepper. Arrange on grill and cook until slightly charred and tender, about 4 to 5 minutes per side. Transfer to a platter and set aside.

4. Using paper bag to assist, rub pepper until all charred skin loosens and peels off. Using paring knife, cut out and discard core and seeds.

5. In blender, puree the poblano, tomatoes, zucchini, summer squash, onion, garlic, basil and oregano.

6. Transfer to a large bowl and allow to cool completely. When cooled, stir in the diced cucumber and orange zest and juice. Adjust the seasoning with salt and black pepper. Refrigerate for 2 to 24 hours. When ready to serve, drizzle each serving with balsamic vinegar and top with a bit of cheese.

THE ASSOCIATED PRESS

Ingredients

- 1/2 fresh poblano pepper
- 4 large tomatoes, halved
- 1 medium zucchini, halved lengthwise
- 1 medium summer squash, halved lengthwise
- 1 medium red onion, halved
- Salt and ground black pepper
- 2 cloves garlic, minced
- 1/4 cup fresh basil
- 1 tablespoon fresh oregano
- 1 medium cucumber, peeled and finely diced
- Zest and juice of 1 orange
- 2 tbps balsamic vinegar
- 1/4 cup crumbled feta cheese

This soup serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

The ABCs of a stunning CV: Four steps to a refined resumé

Paper work. Ensure that your working-self summary doesn't wind up in the recycling bin

CASSANDRA JOWETT
TalentEgg.ca

Getting your application to stand out doesn't have to involve perfumed stationery and pyrotechnics. ISTOCK

Keep it to one page

Your resumé should be short, easy-to-read and packed with information. Each word should be carefully chosen to showcase your experience and abilities. You don't have to include everything you've ever done, just the stuff that's relevant to the job you're applying for.

Try this: If you're having trouble cutting down your resumé, get friends or family to look it over and suggest areas that still need tightening. Also, try making the page margins and font size a bit smaller.

Create a different resumé for each role you apply for

You don't need to start from scratch each time, but you should tailor your experience and skills to match important keywords in the job description each time you apply. Scrap any unrelated details.

Try this: It's a good idea to maintain different "skeleton" resumés for each industry or sector you would like to work in. Add in specifics and change around words as needed.

Think functional rather than chronological

As a student or new grad, you probably had long gaps between work experience while you tried to balance school, finances and gaining meaningful work experience. That's OK! You have two options. Put your past roles in order of relevance to the job you're applying for, or put the one you think says the most about your abilities at the top and move down from there.

Ready-to-go versions

"It's a good idea to maintain different "skeleton" resumés for each industry or sector you would like to work in."
Cassandra Jowett

Try this: Work experience is still experience, whether you got paid or not. To save space, put everything under Work Experience and scrap the Volunteer Work section.

Be yourself, but keep it clean and simple

Although a creative, non-traditional resumé will make you stand out, be sure the person doing the hiring will really appreciate it before you go in that direction. Usually a resumé prepared in a word processor, such as Microsoft Word, printed in black ink on a white sheet of paper will do. There are hundreds of great looking templates out there, or you can start from scratch and create your own.

Try this: Easy-to-read fonts (avoid Times New Roman), bullet points and lines are great ways to ensure your resumé is not only readable but also visually pleasing without the use of colour, pictures or graphics. If you want to show off your creative side, point employers to your blog or online portfolio by including it with your contact information.

CASSANDRA JOWETT IS THE CONTENT MANAGER AT TALENTEGG.CA.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

Twitter

@TalentEgg
Have you updated your resumé recently? Share some tips with your fellow TalentEgg-ers!

@armenhammer31
Whether its experience, interests or skills, make sure everything on there is directly relevant to the job you're applying to.

@humanehr
Resume tip: include a short paragraph about each of the orgs that you've worked/volunteered for. And include logos too!

@CarlieMcC
Reevaluate older parts. It's easy to skim over sections that stay on for ages like school, so update the language occasionally

@RoastedKeyboard
Make it stand out! No one likes seeing boring resumes! Especially in the media/communications industry!

@LoyaltyOneJobs
Resume Tip: Prioritize content so that most relevant experience is listed 1st, with key pts listed at the top of each position

@Recruit_Campus
TIP: make sure it is similar to your online profiles! #linkedin etc.

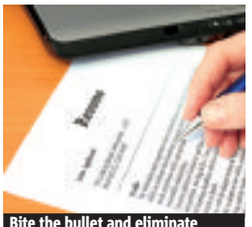
@vikkyleung
Resume tip: use KEY words re: skills/qualities found on the job descriptions with examples of how you fulfill those qualities

@ITJobsInTO
Don't forget to outline projects you've completed & how they are relevant to the position you're applying for.

Pursue a path toward powerful bullet points

Get your point across. Sort out those important statements step-by-step

NICOLE WRAY
TalentEgg.ca


Bite the bullet and eliminate unnecessary information. ISTOCK

• "What and how" statements

One method to writing a great bullet point is to think about a task you have done at a current or past job, and what skills that task requires.

For example, "Communicated important information to a 10-person team," is just an OK bullet point.

To make a better bullet point, elaborate on how you did this: "Communicated important information to a 10-person team by initiating a weekly newsletter and organizing a bi-weekly mandatory meeting."

• "Quality" statements

A quality statement tells employers what kind of worker you are: creative, outgoing, analytical or intellectual. Back up your quality statements by providing an example that demonstrates the quality you have. For example, "Consistently creative in problem solving and team brainstorming exercises."

List the most impressive and important bullet points first and don't give information that is not necessary. A one-page resumé with relevant information and experiences is more likely to be read than a two-page resumé with unnecessary information.

• Achievement statements

Statements containing measurable achievements that answer questions such as "how much?" or "how many?" are the most powerful statements you can put on your resumé.

To generate achievement statements, think about an accomplishment you've had at a past or current job or volunteer position. For example, your contribution to a project that impacted the department's or company's bottom line, or that you consistently increased your sales every month for a number of months.

TalentEgg Tip

- **Once you start working or volunteering, maintain a list of all of your achievements in a notebook or Word document. Include as many details as possible in your notes, including the date and answers to questions like "how much?" or "how many?"**

NICOLE WRAY IS A TORONTO-BASED ONLINE EDITOR AND FREELANCE WRITER.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

Student Voice

'Never underestimate job experience'

Jordan Maretzki
Student
Geomatics Engineering
University of Calgary
TalentEgg.ca

As a geomatics engineer at the University of Calgary, I applied for about six different positions. Of those six, I had three contact me about doing an interview.

My interview with my eventual employer, Mentor Engineering, went extremely well. They were very impressed with my work experience. I had been working at Heritage Park (a "living historical village" in Calgary) for the previous five years, and they said they liked the fact that I showed progress through the ranks at Heritage Park.

They were also impressed with the consistency of my marks. Now, my grades are nothing to write home about, but they liked the fact that I stuck with it (my first year was rough) and improved every year. The exact word they used was "consistent."

If I could leave one piece of advice, it would be this: never underestimate job experience. Even if it is washing dishes or flipping burgers, you are learning how to work.

Where I am now

I'm still working, looking to go back to school in the fall. My experience with Mentor has been nothing short of spectacular. I've gained experience with project management and had the good fortune to be able to travel to many destinations in the United States.

My recommendations for employers

Give your employees (interns) lots of responsibility! We may be young, but we're willing to prove ourselves. It is a good feeling to be trusted by a senior engineer, and to know you are responsible for the success of the company.

TALENTEGG.CA, CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR STUDENTS AND NEW GRADUATES, WANTS TO HEAR YOUR STUDENT VOICE. SHARE IT AT TALENTEGG.CA.

Wimbledon

Serena avenges Venus' defeat

Four-time champion Serena Williams returned to the same Court 2 where big sister Venus was upset a day earlier and restored family pride by opening Wimbledon with a 6-2, 6-4 victory over Barbora Zahlavova Strycova on Tuesday.

Petra Kvitova, meanwhile, returned to the court where she won her first Grand Slam championship a year ago, overcame a shaky start and a late rain delay to beat Akgul Amanmuradova 6-4, 6-4.

THE ASSOCIATED PRESS

Euro 2012

One-man team vs. balanced attack

For Spain it's more about stopping one man, while for Portugal it will be about containing a whole team when the sides meet in Wednesday's European Championship semifinal.

While Cristiano Ronaldo holds the keys to Portugal's chances of taking a step closer to a first major trophy, Spain's charge toward an unprecedented third straight tournament title is anchored in selfless teamwork. THE ASSOCIATED PRESS

Women's basketball

Canada falls short vs. France

The Canadian women's basketball team closed out preliminary round play Tuesday by dropping a 56-47 decision to France at the FIBA Olympic qualifying tournament.

Canada crushed Mali 89-23 in its Group D opener Monday. Canada would only be eliminated from the next round if Mali posted a huge blowout win over France on Wednesday.

THE CANADIAN PRESS

Hurdling

Tight race to London for female hurdlers

Priscilla Lopes-Schliep is gunning to return to the Olympic podium after taking a year off to become a mom, while Perdita Felicien is hoping to finally achieve Olympic glory after twice having her heart broken.

All eyes will be on the women's 100-metre hurdles race Saturday at the Canadian track-and-field trials, which begin Wednesday.

THE CANADIAN PRESS

Riders hope changes bring better results

CFL. Following roster revamp, Saskatchewan looks to improve on 5-13 record

It would be preposterous to suggest that Andy Fantuz did the Saskatchewan Roughriders a favour by signing with the Hamilton-Tigers in the off-season.

The fact remains, however, the departure of the stellar Canadian slotback gave his former team the financial wherewithal to address some arguably more pressing concerns.

Once it became apparent that Chatham native Fantuz had his heart set on returning to Southern Ontario, general manager Brendan Taman immediately shifted his focus to the offensive line. He moved quickly to sign former Toronto centre Dominic Picard and guard Brendon LaBatte, who played in Winnipeg.

While the offensive line was not entirely responsible for Saskatchewan's disastrous 2011 campaign — the 5-13 Riders finished last in the West Division and missed the playoffs for the first time since 2001 — the inability to adequately protect quarterback Darian Durant was a major contributing factor.

"We had some hiccups last year," Taman says diplomatically. "That was a fortunate break for us to be able to get those two guys (Picard and LaBatte) in particular, and also some of the other people we've added."

The other people include guard Ben Heenan, the first pick overall in the 2012 CFL draft, and tackle Xavier Fulton, acquired in an off-season trade with the Edmonton Eskimos. Taman continued to make moves right into training camp, adding yet another tackle, Chris Patrick, from the Argos.

While it isn't nearly as drastic in other areas, there have been roster changes and coaching changes galore.

"It's a new team," Taman says. "We had been kind of chipping away at it the last couple of seasons, but somewhere along the line it gets to the point where you just have to turn it over."

THE CANADIAN PRESS

Calling the shots

Corey Chamblin is the new head coach, replacing the retired Ken Miller. He had replaced Greg Marshall, who was fired halfway through the 2011 campaign.

Saskatchewan Roughriders quarterback Darian Durant will have an entirely new offensive line protecting him this season. LIAM RICHARDS/THE CANADIAN PRESS

Called to the Hall

Twelve-time all-star Joe Sakic and Mats Sundin were elected to the Hockey Hall of Fame on Tuesday in their first year of eligibility, joining Pavel Bure and Adam Oates as the class to be inducted Nov. 12. Here's a look at the accomplishments of four players who terrorized National Hockey League goaltenders. THE CANADIAN PRESS

Joe Sakic

Sakic had 625 goals and 1,016 assists in his 20-year NHL career, all with the Colorado Avalanche franchise dating to 1988 when it was the Quebec Nordiques. He won two Stanley Cups (1996, 2001), earning the Conn Smythe Trophy in 1996 and the Hart Trophy in 2001.

"As a kid I always dreamed about making the NHL, but never really thought at all about the Hockey Hall of Fame," Sakic said in a statement released by the Hall.

Mats Sundin

Sundin, also selected in his first year of eligibility, had 564 goals and 785 assists in his 18 seasons — including 13 with the Toronto Maple Leafs. He holds Maple Leafs records for points (567), goals (420), 20-goal seasons (13), 30-goal seasons (10), game-winning goals (79) and regular-season overtime goals (14). He also won a gold medal with Sweden.

Pavel Bure

Bure, a six-time all-star and Calder Trophy winner as the league's rookie of the year with Vancouver in 1992, had 437 goals and 342 points in 12 seasons with the Canucks, Florida and the New York Rangers. He led the NHL in scoring in 1999-2000 and 2000-01 while with the Panthers.

Bure, a right-winger known as the Russian Rocket, had back-to-back 60-goal seasons in the early 1990s and had five seasons of 50-plus goals.

"It's a huge honour," he said.

Adam Oates

Oates was the premier passer of his time, who formed legendary one-two punch combinations with finishers like Brett Hull in St. Louis and Cam Neely in Boston.

The Toronto native was never drafted, but was signed as a free agent by the Detroit Red Wings in 1985. He had 341 goals and 1,079 assists, which was sixth all-time, in 19 seasons.

4 SPORTS

NHL

"The league's doing really well. There's been increased revenues — record revenues — every year. It's on a track that seems like almost exponential growth; to halt that would be a shame on both sides."

St. Louis Blues forward David Backes on the upcoming collective bargaining agreement negotiations. The NHL and NHL Players' Association are scheduled to kick off formal talks on a new CBA in New York on Friday, according to multiple sources.

THE CANADIAN PRESS

Diving

Despatie happy with progress

Canadian diver Alexandre Despatie said he's pleased with his progress since resuming physical activity last week. Despatie suffered a concussion two weeks ago after hitting his head on the board, which required surgery to close a 10-centimetre wound near his hairline. "Things are going great," Despatie said in an audio recording released by Diving Canada.

THE CANADIAN PRESS

On the web

The winds of youthful change are blowing along CFL sidelines and having a ripple effect in some front offices as the 2012 regular season approaches. Scan the code to find out more about the league's four new, relatively young coaches.

5 DRIVE

LR3 enjoyed for classiness, luxury and capability

TORSTAR NEWS SERVICE

What Owners Like

Style, capability, luxury, interior appearance and power were all highly rated by LR3 owners. A long list of premium features, comfortable seats and a solid, planted and comfortable ride are also loved.

What Owners Dislike

Complaints tend to centre around fuel consumption, as well as a heavy driving feel and poor rearward visibility at the corners of the vehicle.

On the Web

Scan code for more car reviews and news

Second Gear.
2005 to 2009 Land Rover LR3

JUSTIN PRITCHARD
drive@metronews.ca

Formerly known as the Discovery, the Land Rover LR3 got a new design for 2005 and carried forward the model's reputation for high-capability luxury.

Intended for use on the "road less travelled," it was popular with affluent and active shoppers around the globe.

Look for high towing capacities and plenty of ground clearance, as well as air suspension, dual-zone climate control, wood trim, premium audio, a sunroof and plenty more.

Engine

Look for V8 power on all models, alongside an automatic transmission and transfer-case based four-wheel drive with low-range.

Common Issues

Do not purchase an LR3 without an inspection by a trained mechanic. Fluid leaks from the differentials, transmission and engine should be identified and remedied ahead of your purchase.

Have the air suspension system checked as well. Typically, this complicated system will eventually wear down and fail, causing a costly repair bill. Triple check the transmission for smooth, proper operation — as reports of electronic and mechanical problems with the LR3's transmission aren't uncommon.

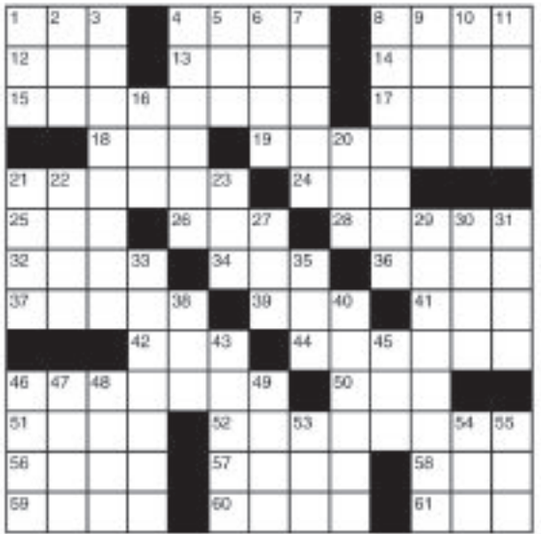
This generation LR3 appears to become more reliable as it progresses, so opt for as new a model as your budget allows.

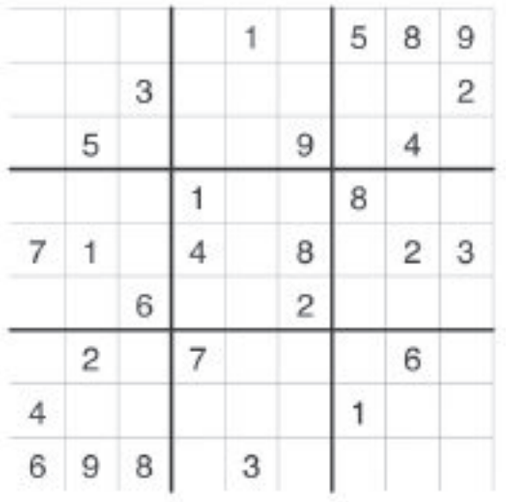
Verdict

Expect high running costs and below average reliability in exchange for world-class driving dynamics, capability and style. If you're looking for a cheap-to-run family SUV, skip this one.

Across
1 Flood preventer
4 Takes to court
8 Keeps talking
12 Altar affirmative
13 "Say It — So"
14 Mark's replacement?
15 Lien
17 Bellow
18 Corral
19 Retaliatory tactic
21 Angora fabric
24 Gist
25 Anger
26 Enthusiast
28 Greedy kid's directive
32 Slimy film
34 Bruce Wayne's inspiration
36 Diner employee
37 Examined, pre-heist
39 Standard
41 Regret
42 Started
44 Derided
46 Run-down rooming house
50 Luau bowlful
51 Deserve
52 Swamps
56 Former "The View" co-host Lisa
57 Picks up the check
58 Eggs
59 Bird house?
60 Undo a dele
61 Siesta

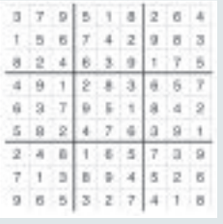
Down
1 Poorly lit
2 Commotion
3 God of dreams
4 Record an arrival
5 Can. neighbor
6 MIT grad
7 Oktoberfest souvenir
8 Type of exercise
9 Pairs
10 "Phooey!"
11 Aching
16 Earl Grey, e.g.
20 Boxer
21 Uncategorizables (Abbr.)
22 Killer whale
23 Massage
27 Loud dance style
29 Doors lead
30 Grimace
31 — out (augmented)
33 Olio
35 — Mahal
38 Society newbie
40 Meal
43 Makes less intense
45 Dawn goddess
46 Fedora material
47 Den
48 Sea eagle
49 Blame bearer
53 Deli loaf
54 Zsa Zsa's sis
55 Potential syrup





How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku



Yesterday's Crossword

Cryptoquip

How to play
This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

O N S EPQ HLPRRBYAKQ YWNPHWJ LB KWL EB BN FOH CWLSK HBJS DSA, COEFL QBP DSKK FOC LOA-SDOBPH?

Yesterday's Cryptoquip: SUPPOSING YOU STRAP SOMEBODY UNTIL HE STARTS SINGING, YOU MIGHT SAY YOU BELTED OUT A TUNE.

Today's Cryptoquip Clue: B equals O

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Horoscope

Aries | March 21 - April 20. You will be hugely affectionate and generous over the next 24 hours, not at all the me-first-at-all-costs Aries we know and love.

Taurus | April 21 - May 21. Do you control your desires or do you indulge them? That is the question you need to answer today and you'll have a fun time doing so.

Gemini | May 22 - June 20. You may be the kind of person who enjoys risks but with values planet Venus turning direct in your sign today, you might prefer to sit on the fence and see how things develop.

Cancer | June 21 - July 22. Take your pleasures where you find them and don't feel guilty that you are having such a great time while others seem to be struggling. You need to be generous to yourself.

Leo | July 23 - Aug. 22. Things are going well for you now but you are afraid there is some kind of catch, a price to be paid for your good fortune. There isn't.

Virgo | Aug. 23 - Sept. 22. What happens today will calm your fears and make you realize that negative things are only likely to happen if you allow negative thoughts to get out of control.

Libra | Sept. 23 - Oct. 22. This could be a restless sort of day for you, but the planets indicate that the more you chop and change, the more you will enjoy yourself.

Scorpio | Oct. 23 - Nov. 21. Friends, relatives, colleagues and even strangers will gather round hoping for a handout today. Instead of giving them money, treat them to a few words of your Scorpio wisdom.

Sagittarius | Nov. 22 - Dec. 21. Praise seems to be coming your way in increasing abundance and there may be times today when you get a bit embarrassed by it all.

Capricorn | Dec. 22 - Jan 20. You won't be amused when someone you hardly know starts probing into your affairs. Protect your privacy.

Aquarius | Jan. 21 - Feb 18. You can't seem to get settled in any one place for more than a few minutes, but that's OK. Forget about your chores and responsibilities, and do what makes you happy.

Pisces | Feb. 19 - March 20. You've always been generous, but there are times when your nature works against you. It's something you need to watch out for today. There are far too many freeloaders.

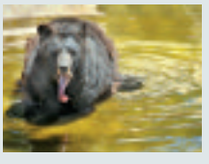
SALLY BROMPTON

Caption Contest

"On second thought, these hair extensions may have been a bit much." Marc B.

NOAH BERGER/THE ASSOCIATED PRESS

Win!



You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

Sharability

easy hard

There are better ways to make your voice heard
What's the point of making a statement, giving a speech or even talking if no one is listening?
Join the METROPOLITAN PANEL and have your voice heard by the readership of the world's largest newspaper.
Metropolitan Panel is an online research panel dedicated to dialogue with you! When you participate, your voice joins thousands of others in 14 countries. Sign up for the panel at **metropolitanpanel.com**, choose your country and join the global conversation!
metropolitanpanel.com
Metropolitan
Panel